

Becoming the Best

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The **Four Principles of Values-Based Leadership** are:

- **Self Reflection** – the ability to identify and reflect on what you stand for, what your values are and what matters most
- **Balance** – the ability to see situations from multiple perspectives, including differing viewpoints, to gain a holistic understanding.
- **True Self-Confidence** – Acceptance of yourself, recognizing your strengths and skill mastery as well as your weaknesses, while focusing on continuous improvement
- **Genuine Humility** – Never forgetting who you are, appreciating the unique value of each person in the organization, and treating everyone with respect

These principles become the basis of intentional actions and deep commitments that enable each person at every level of an organization to bring their best self to work.

Leadership has everything to do with the ability to influence others by relating authentically to every individual with whom they come in contact.

- Self-knowledge and self-awareness must come first before someone is able to relate to and influence others in meaningful ways.

Best Self

A fundamental objective of values-based leadership is answering the question “How do I become my best self?”

The most important principle of values-based leadership is **self-reflection**.

- The intentional practice of stepping back, filtering out noise and distractions and looking inward to gain clarity on what matters most to you.
- An opportunity to know yourself better, assess your strengths & weaknesses and understand where you excel and what areas you need to develop.
- Unless you pause to reflect on your priorities and what matters most, you can easily become overwhelmed by your to-do list and fail to distinguish between real productivity and pointless activity.
- The benefits of self-reflection are realized through regular personal inquiry, using questions like:
 - What did I say I would do today?
 - What am I proud of and not proud of?
 - How did I lead other and follow others?
 - Am I proud of my interactions?
 - If I had today to do over again, what would I change?
 - If I am fortunate enough to have a tomorrow, how will I act?
- By putting your self-reflection in writing in establish a record of your priorities and your commitments.